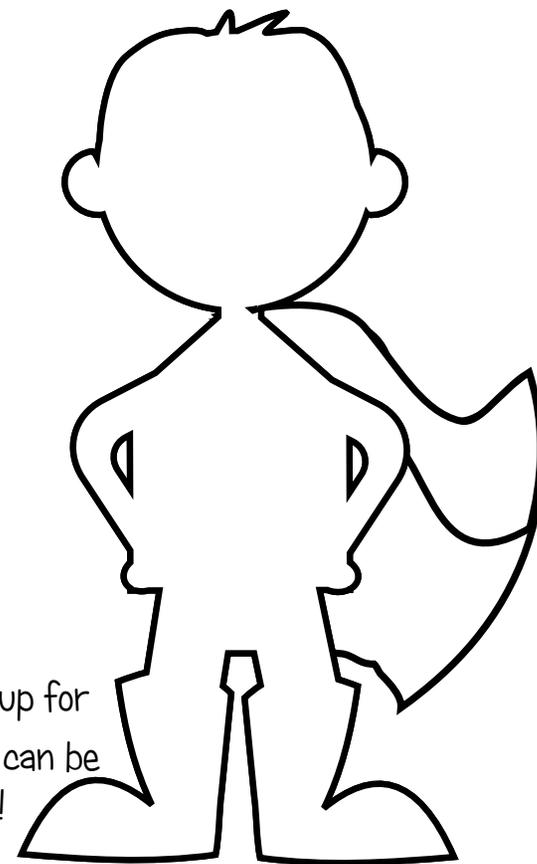
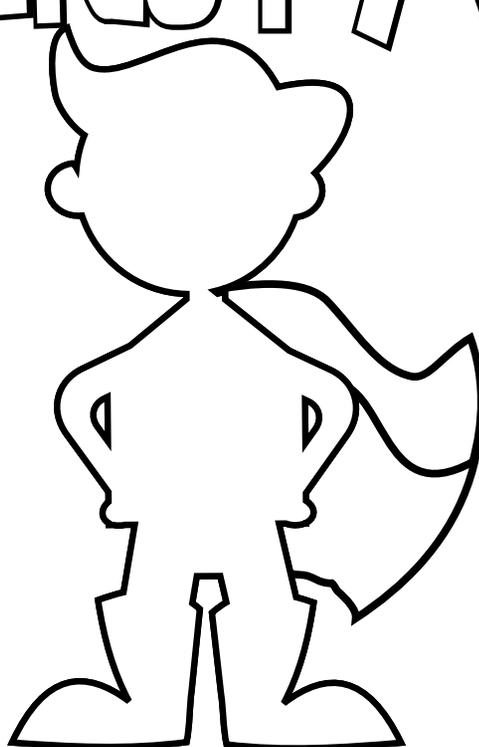
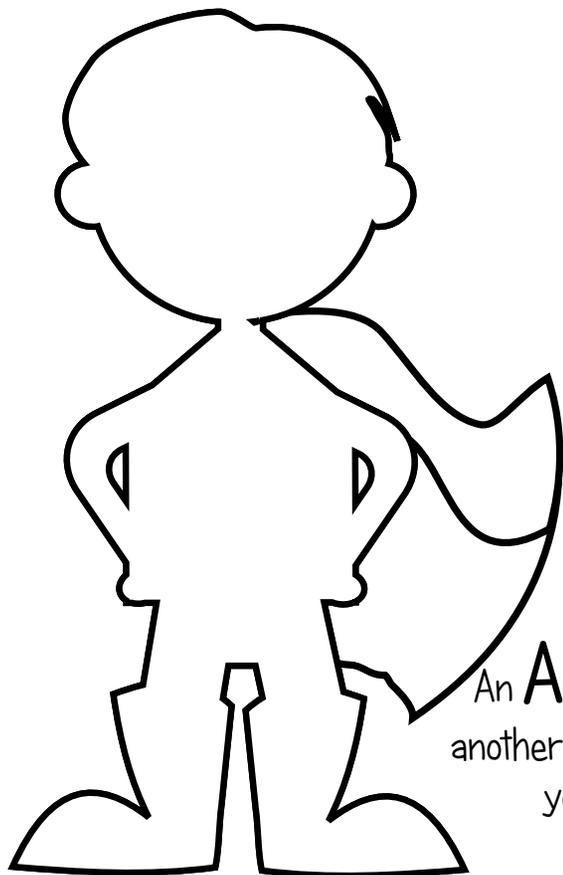


# LIL ALLERGY ADVOCATES



An **Advocate** is someone who supports and speaks up for another person or a cause. When you have a food allergy you can be your own advocate and keep yourself safe and healthy!

## Who are your advocates?

Draw yourself, your family, or friends, anyone who helps keep you safe and away from your allergens!

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