

Symptoms of Allergic Reaction



HEALTH CARE
PROFESSIONAL
DESCRIBES...



KIDS SAY...

Cardiovascular System

fainting, lightheadedness,
weak pulse, dizziness, paleness

Skin

hives, itchiness, redness,
rashes, swelling, warmth

Digestive System

nausea, vomiting, cramps,
diarrhea, abdominal pain

Respiratory System

coughing, tightness or pain
in chest, difficulty swallowing,
congestion, runny nose,
airway obstruction

Cardiovascular System

I'm tired
My heart is beating fast

Skin

My tongue is itchy
My skin is hot and itchy
My mouth is burning

Digestive System

I want to throw up
My stomach hurts

Respiratory System

Something is in my throat
My throat feels thick
My mouth feels funny

