

# Symptoms of Allergic Reaction



HEALTH CARE  
PROFESSIONAL  
DESCRIBES...



KIDS SAY...

## Cardiovascular System

fainting, lightheadedness,  
weak pulse, dizziness, paleness

## Skin

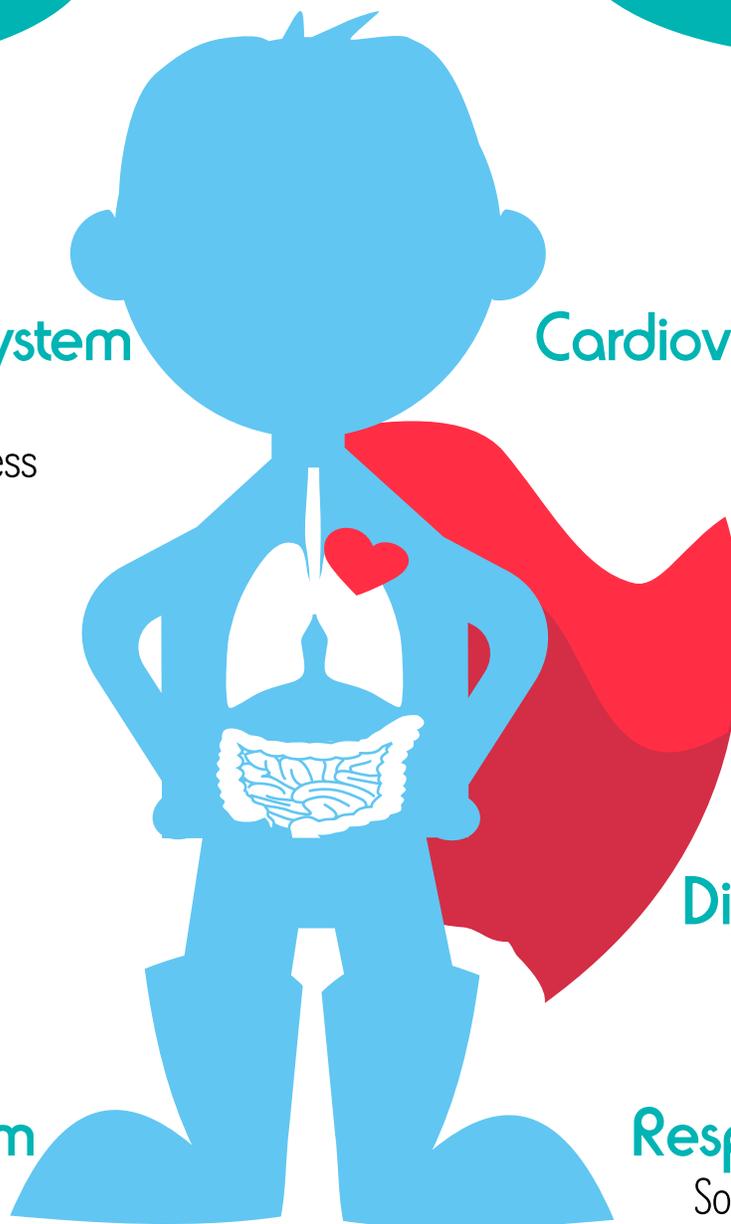
hives, itchiness, redness,  
rashes, swelling, warmth

## Digestive System

nausea, vomiting, cramps,  
diarrhea, abdominal pain

## Respiratory System

coughing, tightness or pain  
in chest, difficulty swallowing,  
congestion, runny nose,  
airway obstruction



## Cardiovascular System

I'm tired  
My heart is beating fast

## Skin

My tongue is itchy  
My skin is hot and itchy  
My mouth is burning

## Digestive System

I want to throw up  
My stomach hurts

## Respiratory System

Something is in my throat  
My throat feels thick  
My mouth feels funny

